Bridlemile Friday Flyer





3/11/2022

IMPORTANT DATES

TONIGHT! 7PM Double your Dollars Game Night- Bridlemile Foundation Double Your Dollars Event

Mar 13th Daylight Savings- Set Your Clocks Forward

Mar 21st-25th NO SCHOOL - Spring Break Week
Apr 8th NO SCHOOL- Teacher Planning Day

WHAT'S **NEW** INSIDE THIS ISSUE

- Message From the Principal -
- From the District- Nutrition Services SNAP Eligibility Deadline/Info for Families
- From the Office- See You All at Game Night Tonight!; Successful Schools Survey Deadline Friday 3/11-We really want your feedback!
- Counselor's Corner- 5th Grade Middle School Transition Information
- Library News- OBOB Updates/Top Teams
- Technology News- Student Password Reset is Coming!
- PTA/Foundation News-Newsletter



Tonight is the night. Tune in promptly at 7pm to catch some hilarious entertainment featuring Mr. Townsend, fellow Bridlemile teachers & staff, and local favorites including Timber Joey, Dennis Dixon, and Adam Bjaranson.

Tune in here: Bridlemile Elementary | Portland, Oregon | Double Your Dollars LIVE!

Grab a tasty snack, your dinner from Jacob & Son's and a cold beverage. You won't want to miss this!

Don't forget that the online auction is up & running – check out some amazing experiences and offerings here: <u>auctria.events/Bridlemile2022</u>

MESSAGE FROM THE PRINCIPAL

March 11, 2022

Dear Bridlemile Families and Staff.

Recently the Oregon Health Authority announced that it would lift the mask mandates for indoor places, including schools, on March 11th. PPS has also communicated that indoor masking in schools will be **optional for staff and students**, **beginning March 14th**. We understand that these updates are welcomed by some and may also cause concern for others. In the days to come it will be important that we all collectively work together to understand and respect individual choices.

Every family is unique. The decision to wear face coverings or not is a personal decision. Health experts continue to recommend wearing face coverings for those at increased risk for more severe impacts of COVID-19. This includes people who are not vaccinated, are immunocompromised, have underlying health conditions, are 65 and older, or who live with someone in one of these categories. The CDC has developed a <u>community metric tool</u> to help families and communities make health decisions.

There are many things you can do with your student to support their health and well-being during this transition, as recommended by the Oregon Health Authority (OHA) and Oregon Department of Education (ODE).

- 1. Consider reviewing these materials together with your student. Talk with them about what they can do to build care, connection, and community in their classrooms and schools.
- 2. Explore how your student can support other students who choose to continue to wear face coverings, and what you can do to <u>support your student's health and well-being</u>.
- 3. Have conversations with your student about how they are feeling about the change to an environment without face coverings. How might that be affecting their mental health and well-being? See ODE's Mental Health Toolkit for some ideas.
- 4. Familiarize yourself with policies and tools for addressing bullying in schools.

With new public health guidance released by the Center for Disease Control (CDC), the Oregon Health Authority (OHA), Oregon Department of Education (ODE) and Multnomah County Public Health, PPS has made updates and changes to our SOP's (standard operating procedures) to accommodate the transition to optional masking beginning March 14th. You can find these updated SOP's linked *here*.

Bridlemile teachers and staff will continue with all other PPS safety protocols. We will encourage students to social distance and frequently wash/sanitize hands. We will also continue sanitizing surfaces, keeping windows open, and air purifiers on.

The pandemic is moving from a level of urgency that requires government administration, to the personal responsibility of individuals. With that said, we will not have the capacity to monitor student adherence to personalized decisions around masking. We strongly encourage families to discuss your comfort level and promote self-advocacy. Students will need to have a clear understanding of their family's choice and abide by that decision. We will not be able to ask a child if their parent wants them to wear a mask, nor will we be able to monitor students whose parents have requested that their students must be masked at all times. We will also not be able to honor requests that include students being separated indoors or outdoors according to their masking choices. Please keep in mind that we will still follow guidelines in place by OHA, ODE and PPS.

It is extremely important that we are mindful of being kind and understanding to **ALL** who continue to wear a mask after the mandate is lifted and to **ALL** who choose not to wear a mask. Schoolwide, we are having conversations with students to remain kind and respectful regardless of personal choice. It is important that we partner in conveying messages of respect, understanding of personal choice, and patience as this new mask mandate introduces a different dynamic than what we have been used to since the beginning of the pandemic.

We want to ensure that Bridlemile remains a safe place for students and staff which includes anti-bullying and anti-biased stances. We must work together to make sure that our students understand the impacts that bullying and biased actions can have on one another.

Please continue to be mindful that If you are sick, or test positive for COVID-19, please stay home and contact the office at 503-916-6292 or Bridlemile-office@pps.net. For your convenience, here is the updated PPS Daily Illness Self-Screening Checklist.

Thank you for all of your continued support as we continue to navigate the challenges and changes with Covid-19 safety protocols during this school year.

Sincerely, Jerome Townsend Principal- Bridlemile Elementary

FROM THE DISTRICT

Bus Route Check Tool: pps.net/routecheck PPS Daily Illness Self-Screening Checklist.

EXPANDED SNAP ELIGIBILITY DEADLINE FOR FAMILIES

Recently, Oregon changed the SNAP income guidelines. As a result, more families may be eligible for benefits. A family being eligible for SNAP benefits means:

- Less paperwork for families in the future. Being eligible for SNAP benefits directly certifies all students in that household for free school meals. A paper application is not required.
- Reduced or waived fees for in-school and after school/community based programs.
- Eligibility for additional or supplemental benefits like Pandemic EBT (P-EBT) funds. Quicker processing for additional funds using the existing SNAP benefit card/account. SNAP benefits can also be "doubled up" by using them to purchase fruits and vegetables at a local farmers market.

Resources:

- Visit the website for more information: https://www.oregon.gov/dhs/assistance/food-benefits/pages/index.aspx
- Apply online
- Paper application in multiple languages: https://www.oregon.gov/dhs/ASSISTANCE/FOOD-BENEFITS/Pages/Eligibility-Apply.aspx
- Oregonians can apply for medical, food, cash, and child care assistance in one place online at <u>ONE.Oregon.gov</u>, over-the-phone at 800-699-9075, or in-person at a <u>local office</u>. Due to COVID-19, Oregonians are encouraged to call ahead before their <u>local office</u>.

ODHS offers these tips to Oregonians to help them as they apply for benefits:

- Before you begin an application, compile all documents you think you might need ahead of time. This can prevent your application from being held up and taking additional time. These documents would include: Identification, proof of income, social security numbers or other documents to determine eligibility for anyone in the household who is applying for benefits.
- If you have already submitted an online, in-person or over-the-phone application, you do not need to reapply. ODHS has your application and will process it as quickly as possible.
- If you applied through the ONE online application, you can track your application's status using the same system you used to apply. Log in to one.oregon.gov to start tracking. Note: This website is accessible on computers, tablets and phones, but it is not optimized for mobile viewing.
- If you prefer to apply over the phone, the ONE Customer Service Center is open Monday-Friday 7 a.m. to 6 p.m. Currently hold times are lowest in the morning from 7 until 8 a.m.
- If you are only applying for medical benefits, you can get free application help from an OHP-Certified Community Partner. Community Partners are trained and certified to help clients understand and use their health coverage options, including helping them complete eligibility and enrollment forms. Find a Community Partner at https://healthcare.oregon.gov/Pages/find-help.aspx

FROM THE OFFICE

SUCCESSFUL SCHOOLS SURVEY

Deadline to complete the survey is Friday March 11th!

Our annual Successful School Survey is one of the most important tools we use in making decisions about school climate and culture. We believe that successful schools are safe, healthy and welcoming learning spaces that are inclusive for all students.

When you take the survey, you help us understand your experience as a parent or guardian. This important information will guide us as we determine the future of our schools.

<u>Take the survey today!</u> You can complete the survey from a computer, tablet, or smartphone. It should take less than 5 minutes of your time. Select Bridlemile School and answer the questions for our school. If you have children at more than one PPS school, please complete one survey for each school your children attend. If you need help taking the survey please contact your teacher or principal.

Click <u>here</u> to take the Family Survey
Thank you for being part of the PPS family!

surveys.panoramaed.com/portlandor/ppsfamily

Rainy Day Spare Clothes Request

When the rain comes, so does the inevitable mud and puddles. We sure have had some doozy downpours lately! We do have a clothes closet on site to offer dry clothes when needed and we understand accidents happen, but we also want to encourage our students to be responsible and make good choices about playing in the water. It is helpful, and we would greatly appreciate it if on especially wet days, that you pack spare clothes for your student, particularly for our K-1 students. This will allow your child to easily and comfortably change into clothes that fit them and that they prefer. Thanks!



Kindergarten Connect Coming in April

Yay for K! We will be hosting our annual Kindergarten Connect Event for families with incoming Kindergarteners on **Wednesday April 27th from 6:00pm-6:45pm**. It will be a virtual presentation and Q&A format. If you have a Kindergartener who will be joining us next year, or know of other families who have an incoming kinder, we invite you to join us. More details will be posted on our website here: <u>Bridlemile-Kindergarten</u>.



UPLOAD VACCINATION INFORMATION

Parents- you can upload your student's Covid 19 Vaccination Card in ParentVUE in the Yearly Verification screen. Directions can be found HERE.

COUNSELOR'S CORNER

Hello Bridlemile Families!

Spring Signifies the beginning of the transition to middle school for our Bridlemile 5th Graders! Over the next several months, you students will be meeting with middle school 6th grade counselors, learning about electives and forecasting for their classes.

Here are some quick information links below to get you started!

Bridlemile 5th Grade Middle School Information

LIBRARY NEWS FROM MS. DAHINDEN

OBOB battles have been going strong and the teams have been extremely impressive!! Pool battles concluded yesterday and the top 8 teams will move on to playoffs on Thursday, March 31 and the Final 4 will play on Friday, April 1 until a Bridlemile OBOB Champion is named.

Playoff teams:
The Flying Penguins
OBOB Beagles
Chunky Monkeys
Rose City Readers
Wild Readers
Shooting Stars
Pineapples
Reading Machines

Congratulations to all the participants! The partial list of OBOB titles have been released for the 2022-2023 school year. Check it out and happy reading!!

https://www.oregonbattleofthebooks.org/2022-2023-obob-partial-title-list/

NEWS FROM P.E.

Subject: Take the Challenge TODAY!

Dear Families -

The American Heart Association's Kids Heart Challenge program is kicking off! Help your child get a jump start by downloading the FREE Kids Heart Challenge App for Apple or Android or visiting heart.org/khc When registering, your child will choose a heart healthy challenge to **Be Active or Be Kind** and earn a FREE Road Warrior Wristband! Our goal is to have 100% of our students register online and take the Challenge.

This year, the KHC Explorers are going on a ROAD TRIP! CLICK HERE to jump on board and experience

the road trip across the U.S. through daily activities for physical health, mental wellbeing and tips to help others with special hearts! Let's have fun and save lives!

MUSIC NEWS FROM MS. BARLOW

Recorder Orders for Grades 3-5

Here is information on how to buy a recorder. We will be playing them in 3rd, 4th, and fifth grades. This is only if you don't already have a recorder:

https://docs.google.com/document/d/12I5BjnnEKw8FF-H_8brgDDT_-D1_Wvk9zoEtoTqOJ3o/edit ?usp=sharing

TECHNOLOGY NEWS FROM MS. DAHINDEN

Password Reset is Coming!

K-5 students will need to change their passwords before March 30th. Students who have recently changed their password, since March 1st will not need to create new passwords. Passwords need to be 12 characters long and cannot use sequential numbers, i.e. 1, 2, 3, 4 etc. If passwords are not reset before March 30th, students will not be able to log into their accounts. Please see the link below for password reset instructions.

Instructions for students to reset their password

PTA/FOUNDATION NEWS

PTA and Foundation Newsletter

Community Equity Team

The Bridlemile PTA RESJ Committee would like to invite you all to an RESJ Committee check-in meeting on Tuesday, March 15 at 8 PM (see Zoom link below). We will plan to review the brainstorming ideas discussed at our most recent meeting. Come to check out all the great ideas proposed and see how you can get involved! From there, we will plan to hold monthly RESJ Committee meetings every third Tuesday of the month at 8 PM. We hope the meetings will keep us focused on actionable items as well as allow space for reflection about what we are trying to do to build an equitable and inclusive world for our children.

*Also, based on the staff's initiative of starting a poster project at school, we would like to kickstart a poster campaign in the home. Reach out to us if you are interested in helping us get that started!

Join Zoom Meeting Link for Tuesday, March 15 at 8 PM https://zoom.us/j/94327968489?pwd=Y0Z6QzI3NmNKMmJkNFpkQmFTanF4UT09

Meeting ID: 943 2796 8489

Passcode: Y2Ci8M

Garden Work Party Sunday 3/13

Hello Bridlemile!

Garden Work Party Sunday, 3/13 11-1:30pm. We are looking for parents/caregivers and students to come help prep the garden for spring planting. We are hoping the students will be able to come out during school to help plant as well! BUT to do this, we need to prep! So, sign up for a shift and if you have any of the following items, it would be appreciated to bring:

- >Spading / Pitch Forks
- >Shovels of all sizes
- >Gloves
- >Clippers
- >Garden shears Pruners
- >Weed diggers

We will have gloves and small tools for kids and will have a few spares for adult volunteers. Refreshments will be provided as well as fun activities for the kids. Hope to see you there!

https://signup.com/go/KSRyNGi

COMMUNITY NEWS

Lincoln H.S

Youth Baseball and Softball Opportunities-

Anyone interested in playing baseball and softball this spring, please see the attached flier on how and where to sign up your child for the Spring 2022!!

Lincoln HS Cluster .pdf

Registration is open for this coming Spring! Ages PreK-8th grade & CO-ED *You don't have to live in the Lincoln Boundary Register NOW: www.LincolnYouthBaseball.com

Lincoln Youth Lacrosse

Register today!

Girls: https://www.lincolnlax.org/
Boys: https://www.lincolnlax.org/

Raleigh Hills Little League Baseball Registration Open Now!

Spring baseball registration is open now! Raleigh Hills Little League baseball is open to boys and girls ages 4-12 who attend Bridlemile Elementary AND live in Washington County. This community baseball league puts an emphasis on teaching baseball fundamentals, promoting sportsmanship, and having fun.

Register online at www.RHLLbaseball.com
www.RHLLbaseball.com
questions? Email RaleighHills@gmail.com

Registration deadline is Feb. 11 for AAA and Majors teams. Registration deadline is March 4 for T-ball, A, and AA levels

Community Fliers:

VIBE of Portland Art Camps, Classes, No-School Workshops

VIBE of Portland Winter 2022 No-School Workshops and Camps

VIBE of Portland East Winds Summer Camp

OSU Discover the Scientist Within February Workshop (English) (Spanish)

OSU Summer Reading Program

Multnomah Early Childhood Program: (English) (Spanish) (Vietnamese)

Portland Parks & Recreation Preschool 2022-2023 Registration

OSU STEM Academy AWSEM Club (includes Spanish flier)



School Website 503-916-6292
Office bridlemile-office@pps.net
Friday Flyer Archives: School Website

PTA/Foundation: <u>Parent Resources / Bridlemile</u>
PTA Website: <u>https://bridlemileschool.or</u>
Social Media: <u>Like our Facebook Page</u>